

American Society of Women Accountants

The Bulletin



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2009-2010 Board of Directors

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See the website for contact information.

National Website: www.aswa.org
Omaha Website: www.aswaomaha.org



December Lunch Meeting

Date: Tuesday, December 8, 2009

Time: 11:30 a.m.

Location: Olive Garden

7505 Dodge Street

Cost: \$15.00

Reservations: to Kerry by Friday
December 4th at tkclark1@cox.net

Menu: limited Olive Garden menu

Speaker: Susan Smith, RN, CEAP –
Manager, Faculty/Employee Assistance
Program, University of Nebraska Medical
Center

Topic: Stress is a constant in life. There
are both good and bad stresses and each
can have different effects on our bodies.

Stress can also be caused by changes that
come into our lives. During the holidays,
added pressure can increase stress also.

Come and learn how to recognize when
you are under too much bad stress and
learn ways to become more resilient.

Proposed Bylaws Changes!

Attached to the bulletin are bylaws
changes that have been proposed by the
board of directors. This is the first notice
of the bylaws changes. They will be
reposted in the January bulletin, and voted
at the regular meeting on Tuesday,
January 12th at 11:30 a.m. at the Olive
Garden on 75th and Dodge Street. If you
have any questions, please contact the
board of directors or Elaine Clark, bylaws
chair.

PRESIDENT'S MESSAGE

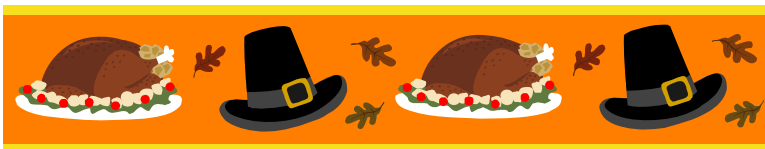
Happy Thanksgiving! Since tomorrow is Thanksgiving, I thought I start by first saying thank you to all of you. This year has started out amazing, and I really hope we can keep the momentum going. This year I have met so many members, and I really appreciate all of you for your involvement in ASWA.

I also want to say thank you to everyone who made our Public Relations Dinner and CPE event such success. As you all know that event takes a lot of preparation and planning, and it went off without a hitch. So thank you to everyone who helped with the event. A special thank you to Joan Squires for her wonderful presentation about what it takes to bring Broadway to Omaha.

Next month we will be focusing on women's health. I hope you are able to attend the December meeting, and take a minute to de-stress form this busy time of the year.

I'm looking forward to the remainder of the year and I hope you all have a very Happy Thanksgiving!

Annette Wells
President 2009-2010



Welcome to Our Newest Member

Carol Downing, ISODISC

April 2010 UNO Women's Walk

The Check-In Table will be our next annual volunteer event. Please contact Linda Aust for details!

Lady Vestey Award

Congratulations to Shirley Spieker with First Data Resources as our 2009 recipient. See Shirley's bio attached. Thank you to Christi Olsen & Patty Keairnes for their work in selecting Shirley to represent the character and integrity of the award. You did an excellent job! Should anyone have nominees in mind for NEXT year's award, please contact Christi or Patty with your ideas!



Public Relations Dinner & Scholarship Basket Raffle Fundraiser

Thank you to the following team for their participation in many pre-planning and event day tasks in making this year's event a success: Kerry Clark, Gloria Mendez, Virginia Klug, Chris Carlson, Christi Olsen, Patti Keairnes, Kristen Lembke, Stephanie Setlak, Ellen Rowland, Melissa Forrest, Terri Fuqua, Karen Hosier, Sheila Hansen, Annette Wells, Janet Redick, Sue Blake, Marcile Katt, Jessica Ward, FIFTEEN past Presidents (see the group photo!) and the fine staff at the Omaha Country Club! Your commitment to excellence and ASWA shines through in all you do! Thank you to our speaker, Joan Squires, for a dynamic and relevant presentation that energized the evening! The list of sponsors and donors to our Public Relations Dinner & Basket Raffle events are attached to the bulletin for your review...please support them for their kind support of ASWA!

ASWA Corner

This is a continuing series of articles to introduce our members to the many aspects of ASWA.

Have you had a chance to visit the new www.aswa.org website? Many months of planning went into developing the new website. One of the goals was to give the website a more personalized feel. This was achieved by having photos and testimonials of actual ASWA members. One of the Omaha Chapter members has a testimonial on the website.

The website has information on upcoming national and regional conferences. Next year the national conference is in Nashville and there are six regional conferences scheduled. There is a pressroom with national and local ASWA press releases. There is information about the ASWA Education Foundation, including scholarships and awards. There is also a career center with many links and topics. Be sure to take advantage of this resource.

As a member ASWA you can logon and pay your dues or update your membership profile. You may also search for members in other Chapters. Back issues of the ASWA online magazine, The Compass, are available. The Compass updates members on ASWA activities and national committee projects.

During the busy holiday season, take a few minutes to check out the new and improved ASWA website!